

# THE FIVE LOVE LANGUAGES

Dr. Gary Chapman

- a. Inside every man, woman and child is an “emotional love tank”.



- b. Every man, woman and child has a primary love language.

## The Five Love Languages

1. **Words of Affirmation** - words that build up

*The tongue has the power of life and death, and those who love it will eat its fruit. Prov. 18:2*

2. **Quality Time** – giving your undivided attention

*“Come with me by yourselves to a quiet place and get some rest.” Mark 6:31*

3. **Receiving Gifts** – a visible sign of love

*A generous man will prosper; he who refreshes others will himself be refreshed. Prov. 11:25*

4. **Acts of Service** – actions speak louder than words

*Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. John 13:14-15*

5. **Physical Touch**

## Physical Touch - Part VI of VII

Physical touch is one of the fundamental ways of expressing \_\_\_\_\_.

*People were also bringing babies to Jesus to have Him touch them...Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Luke 18:15-16*

1. **To touch a person's body is to touch them**

\_\_\_\_\_.

*People were bringing little children to Jesus to have Him touch them...And He took the children in His arms, put His hands on them and blessed them. Mark 10:13, 16*

2. **There are \_\_\_\_\_ touches and \_\_\_\_\_ touches.**

Whatever there is of me resides in my body. To touch my body is to touch me. To withdraw from my body is to distance yourself from me emotionally. P. 107 Dr. Chapman, *The Five Love Languages*

3. **Not all touches are of \_\_\_\_\_ value.**

*Dear friends, let us love one another, for love comes from God. I John 4:7*

Physical touch in times of crisis can be the \_\_\_\_\_ you can do.

## Conclusion

*Having loved his own who were in the world, He now showed them the full extent of His love. John 13:1*

Love is a \_\_\_\_\_.