

28 DAY CALL TO PRAYER

LISTENING – Part I of IV FASTING – Part II of IV

Daniel 10:1-12

1. Daniel had a revelation (vision) that _____ him.

In the third year of Cyrus king of Persia a revelation was given to Daniel (who was called Belteshazzar). Its message was true and it concerned a great war. The understanding of the message came to him in a vision. (1)

At that time I, Daniel, mourned for three weeks. (2)

2. He _____ for three weeks.

I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over. (3)

fasting – to abstain from _____; to eat sparingly; to avoid certain foods

- a. _____ fast – no food or water – Exodus 24:18
- b. _____ fast – no food; but drink water – Nehe. 1
- c. _____ fast – abstaining from something over a period of time - Daniel 1:12

Purpose: results in spiritual focus and _____

3. Daniel learned it was a _____ battle.

A hand touched me and set me trembling on my hands and knees. He said, “Daniel, you who are highly esteemed, consider carefully the words I am about to speak to you; and stand up, for I have now been sent to you. And when he said this to me, I stood up trembling. (10-11)

Then he continued, “Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them. But the prince of the Persian kingdom resisted me twenty-one days. Then Michael, one of the chief princes, came to help me, because I was detained there with the king of Persia. (12-13)

4. Understanding came as a result of time spent seeking God through _____.

Now I have come to explain to you what will happen to your people in the future, for the vision concerns a time yet to come.” (14)

P – _____
U – _____
S – _____
H - _____

Conclusion

*Howbeit this kind goeth not out but by prayer and fasting.
Matthew 17:21 KJV*