

A 40 DAY FAST FROM WRONG THINKING

by Gregory Dickow

For as he thinketh in his heart, so is he...

Proverbs 23:7 KJV



Tool Box

1. **Identify your misbeliefs** (faulty thinking, wrong thinking, lies)

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 2 Corinthians 10:4

2. **Challenge them** (confront, question, take issue)

Above all else, guard your heart, for it is the wellspring of life. Proverbs 4:23

For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imagination and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ. 2 Corinthians 10:4-5 KJV

3. **Replace misbeliefs with the truth** (think what God thinks about the situation)

If you hold to my teaching you are really my disciples. Then you will know the truth, and the truth will set you free. John 8:32

Source: *Telling Yourself the Truth* by William Backus and Marie Chapian

How Do I View My Mistakes? Part III

Jeremiah 18:1-4, p. 1203

But the pot he was shaping from the clay was marred in his hands; so the potter formed it into another pot, shaping it as seemed best to him. Jeremiah 18:4

Instead of:

1. I made a mistake and I can't go on.

2. I did something I regret and will always feel guilty.

3. I know I blew it and God will never use me again.

Replace with:

1. I made a mistake, but I _____ God will help me.

All things are possible for him who believes. Mark 9:23

All things work together for good to them that love God... Romans 8:28

2. I did something I regret, but by faith I _____ my guilt to Christ.

Christ redeemed us from that self-defeating, cursed life by absorbing it completely into Himself. Do you remember the Scripture that says, "Cursed is everyone who hangs on a tree"? That is what happened when Jesus was nailed to the cross: He became a curse, and at the same time dissolved the curse. Galatians 3:13 MSG

3. I know I blew it, but I'm trusting God to _____ me.

But the pot he was shaping from the clay was marred in his hands; so the potter formed it into another pot, shaping it as seemed best to him. Jeremiah 18:4